

# ***Lady Blues Coaching Staff***



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## Head Coach Ron McHenry



### McHenry's Profile

<b>Full Name</b>	Ronald Gene McHenry
<b>Birthdate</b>	January 21, 1962
<b>Birthplace</b>	Olathe, Kan.
<b>Wife</b>	Mischa
<b>Children</b>	Dani, Samantha, Ronnie
<b>Education</b>	Washburn, 1984
<b>Coaching Record</b>	127-32 (.799) 6th season at Washburn
<b>Honors</b>	MIAA Coach of the Year 2004 D2Molten National Coach of the Year 2005

Since his appointment as head coach prior to the 2000-01 season, Ron McHenry has quickly returned the Washburn women's basketball program to national prominence.

In 2004-05, McHenry was named MIAA Coach of the Year and Molten/Division II Bulletin National Coach of the Year after guiding Washburn to its first-ever NCAA Division II crown in any sport. He also led the Lady Blues to a third straight MIAA regular season title, an MIAA Tournament title and a South Central Regional title with a 35-2 record.

In his five seasons McHenry has posted a 127-32 (.799) record overall and 67-23 (.744) record in the MIAA. He is 114-18 the last four seasons. He is third among active women's NCAA Division II Coaches in winning percentage.

The Lady Blues posted a 26-5 record and winning a second straight MIAA regular season crown in 2003-04. The Lady Blues also earned a berth to the NCAA Division II National Tournament for the third straight year.

In only his third season in 2002-03, McHenry guided the Lady Blues to a regular season MIAA title, a Sonic/MIAA Tournament championship and a berth to the Division II Elite Eight.

The Lady Blues tied for second most wins in team history at 30-4 and went to the Elite Eight for the third time in team history.



For his efforts he was named District VI Coach of the Year.

In his second season McHenry engineered one of the best turnarounds in Division II, guiding Washburn to the South Central Regional and finishing with a 23-7 record.

He guided the Lady Blues to back-to-back 20 win seasons after finishing with a 13-14 record in 2000-01, which was also his first season as a head coach at the collegiate level.

McHenry was named the head coach on May 8, 2000.

He became only the fifth coach in the his-



### McHenry at Washburn

Year	W/L	Postseason
2000-01	13-14	MIAA Tournament
2001-02	23-7	NCAA Tournament 1st Round
2002-03	30-4	NCAA Elite Eight
2003-04	26-5	NCAA Regional Semifinals
<b>2004-05</b>	<b>35-2</b>	<b>NCAA National Champions</b>
<b>5 seasons 127-32 (.799)</b>		

tory of the women's basketball program at Washburn and the first new head coach since Patty Dick joined the Lady Blues as the head coach in the 1977-78 season.

Prior to his new appointment, McHenry spent the previous 11 seasons as a member of the men's basketball coaching staff under current coach Bob Chipman. While on the Washburn bench, he was a part of 243 wins. In addition to his basketball duties, McHenry was the men's golf coach for eight seasons.

McHenry has had a diverse coaching career. He began his career as a graduate assistant to Chipman during the 1984-85 season. He then went on to Perry High School in 1986 where he served as assistant boys coach.

McHenry quickly moved up the coaching ranks in 1988 when he assumed an assistant's position with

the Topeka Sizzlers of the Continental Basketball Association.

McHenry eventually became the Sizzlers' interim head coach before joining the Washburn staff for the 1989-90 campaign. During his first year on the Washburn staff, McHenry was the department's academic advisor.

McHenry played for Washburn after stints at Coffeyville Community College and the University of Kansas. He started for the Ichabods during the 1983-84 season.

He graduated from Washburn with a bachelor's degree in communications and went on to earn a master's degree in sports administration from Wichita State University in 1987.

McHenry and his wife, Mischa, have three children, Danielle, Samantha and Ronnie.





## Washburn coaching records

### By Year

COACH	YRS	REC	PCT
Jane Nuzman	69-70	0-5	.000
Belinda McPherson	71-75	26-39-1	.402
Carl Little	75-77	23-17	.595
Patty Dick	77-00	431-224	.658
<b>Ron McHenry</b>	<b>00-pr</b>	<b>127-32</b>	<b>.799</b>

### By percentage

COACH	YRS	REC	PCT
<b>Ron McHenry</b>	<b>00-pr</b>	<b>127-32</b>	<b>.799</b>
Patty Dick	77-00	431-224	.658
Carl Little	75-77	23-17	.595
Belinda McPherson	71-75	26-39-1	.402
Jan Nuzman	69-70	0-5	.000

### By wins

COACH	YRS	Win
Dick	1977-2000	431
<b>McHenry</b>	<b>00-pr</b>	<b>127</b>
Belinda McPherson	1971-75	26
Little	1975-77	23
Nuzman	1969-70	0

## Washburn 20-win seasons

COACH	YRS	Win
1982-83	21-8	Patty Dick
1983-84	25-6	Dick
1986-87	24-7	Dick
1987-88	30-2	Dick
1988-89	29-4	Dick
1989-90	23-7	Dick
1990-91	23-7	Dick
1991-92	27-5	Dick
1992-93	31-1	Dick
1993-94	22-8	Dick
1994-95	24-7	Dick
2001-02	23-7	Ron McHenry
2002-03	30-4	McHenry
2003-04	26-5	McHenry
2004-05	35-2	McHenry



## MCHENRY'S CAREER RECORD

### VS. MIAA SCHOOLS

<b>Central Missouri State University</b>	<b>8-2</b>
<b>Emporia (Kan.) State University</b>	<b>9-5</b>
<b>Missouri Southern State College</b>	<b>7-3</b>
<b>Missouri Western State College</b>	<b>7-7</b>
Missouri, University of, Rolla	10-0*
<b>Northwest Missouri State University</b>	<b>10-3</b>
<b>Pittsburg State (Kan.) University</b>	<b>9-2</b>
<b>Southwest Baptist (Mo.) University</b>	<b>10-2</b>
<b>Truman (Mo.) State University</b>	<b>9-2</b>
<b>TOTALS</b>	<b>79-26</b>

record reflected as 10-0 against UMR while a member of the MIAA

## MCHENRY'S CAREER RECORD

### VS. NON-CONFERENCE

Angelo State	2-0
Arkansas-Monticello	1-0
Avila	1-0
Baker	4-0
Bemidji State	1-0
Benedictine	4-0
Bethany	1-0
<b>California State-Stanislaus</b>	<b>0-0</b>
Cameron	2-0
Central Arkansas	1-0
<b>Central Oklahoma</b>	<b>0-0</b>
Charleston	1-0
Drury	4-1
Evangel	2-0
Findlay	1-0
Florida Southern	1-0
Fort Hays State	1-0
Hillsdale	0-1
Kansas	1-0
Lynn	1-0
MidAmerica Nazarene	1-0
Midwestern State	1-0
Millersville	1-0
Missouri-St. Louis	0-2
<b>Missouri Valley</b>	<b>0-0</b>
Nebraska-Kearney	1-0
Northern Kentucky	0-1
Panhandle State	1-0

Rockhurst	3-0
Seattle Pacific	1-0
Southwest Minnesota State	1-0
Southeastern Oklahoma State	2-1
Southwestern (Kan.)	1-0
<b>Southwestern Oklahoma State</b>	<b>1-0</b>
St. Mary	2-0
Texas A&M-Kingsville	1-0
West Texas A&M	1-0
<b>West Virginia Tech</b>	<b>0-0</b>
William Jewell	1-0
<b>TOTALS</b>	<b>48-6</b>

2005-06 OPPONENTS IN BOLD





## Assistant Coach Dustin Odum



### Odum's Profile

#### Full Name

Dustin Ryan Odum

#### Birthdate

March 4, 1976

#### Birthplace

Seneca, Kan.

#### Education

Emporia State, 1999

#### Degree

Education

Dustin Odum enters his fourth season as an assistant coach for the Lady Blues, after serving one season as the head girls coach Wamego High School in 2001-02.

Odum was elevated to the top assistant post in June of 2003 and is in charge of scheduling, conditioning and video operations. He is also handles summer camps and leagues and assists with recruiting and on-court coaching for the Lady Blues

Before coaching at Wamego, Odum was a graduate assistant at Emporia State University for two seasons, where helped Emporia State to two MIAA titles and an Elite Eight. He coached two Kodak All-Americans for the Hornets.

He was also an assistant coach at Northern Heights in Allen, Kan., where he helped guide the Wildcats to a third place finish at the 1999 3A state championship at Hutchinson. He coached at Northern Heights for three seasons.

He got his first experience in coaching at Nemaha Valley High School, where he served as head freshman coach for one season in 1995-96.

Odum earned a bachelor's of science in education at Emporia State in 1999. He is a native of Seneca, Kan., where he graduated from Nemaha Valley High in 1994.



## Student Assistant Coaches



### River's Profile

#### Full Name

Juwanna Michelle Rivers

#### Birthdate

May 25, 1983

#### Birthplace

Cleveland, Ohio

#### Major

Human Services

Juwanna Rivers is in her first season as an assistant coach for the Lady Blues after playing for the Lady Blues the last two seasons.

Rivers scored 479 points and dished out 169 in her two seasons at Washburn, earning team Most Valuable Player and All-MIAA honors as a junior in 2003-04.

She scored a season-high 22 points by hitting seven on nine shots in a 70-53 win over Seattle Pacific in the national championship game as a senior. She was named to the Elite Eight all-tournament team for her efforts.

Rivers transferred to Washburn from Tyler Junior College, where she played two seasons and helped the squad to a regional title and seventh place finish in the NJCAA National Tournament.

She is a native of Cleveland, Ohio and is majoring in human services.



### Westling's Profile

#### Full Name

Lora Luka Lee Westling

#### Birthdate

July 9, 1983

#### Birthplace

Casper, Wyo.

#### Education

Washburn, 2005

#### Degree

Marketing

Lora Westling is in her first season as an assistant coach after a stellar four-year career for the Lady Blues.

Westling scored 965 points in her career to place her 20th in Washburn history and broke school records for games played in her career (132) and 3-point field goals made (144). Her record for career games is also an MIAA record. She is also 16th on the Washburn charts in career rebounding with 490 and made 85 career starts for the Lady Blues.

She earned All-MIAA honors the past two seasons and was named to the all-tournament team at the Elite Eight by averaging 14.3 points a game.

Westling is a native of Casper, Wyoming and graduated in May 2005 with a degree in marketing and is pursuing her master's in business administration.



### Sintra's Profile

#### Full Name

Carla Cardoso Sintra

#### Birthdate

Nov. 15, 1980

#### Birthplace

Goiania, Brazil

#### Major

Exercise Physiology

Carla Sintra is in her first season as an assistant coach for the Lady Blues after playing two seasons.

Sintra averaged 13.5 points and a team-high 6.8 rebounds a game to earn MIAA Most Valuable Player and WBCA All-American honors as a senior.

She was named the Most Outstanding Player of the NCAA Tournament last season after averaging 14.0 points and 8.3 rebounds a game in the Elite Eight. She had a career-high 29 points at Emporia State.

Sintra came to Washburn after playing two seasons at South Plains College, where she earned all-conference and all-region honors.

She is a native of Goiania, Brazil and is majoring in physical education with an emphasis in exercise physiology.