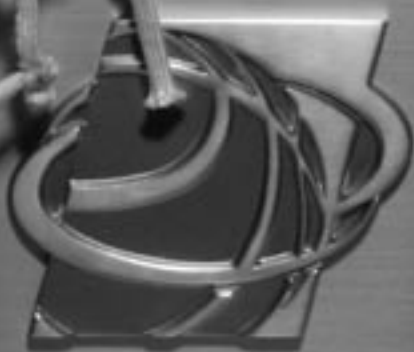




NCAA

2005  
DIVISION II  
WOMEN'S  
BASKETBALL  
CHAMPIONSHIP



NATIONAL  
CHAMPION

# ***2004-05 - Run To A Championship***



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## A Run To A Championship

### Lady Blues win first NCAA Championship in Washburn history

By Brad Noller  
Washburn Assistant Sports Information Director

The Washburn Lady Blues basketball team capped a dream season March 26 with a 70-53 win over Seattle Pacific University in the NCAA Division II women's basketball championship game at the Elite Eight Summit Arena in Hot Springs, Ark.

The win marked the school's first NCAA Division II title, as the Lady Blues finished the season by winning 19 consecutive games.

"It was definitely a storied year for us," said Washburn head coach Ron McHenry. "We had a tough group that won a lot of big games. I really thought somebody out of our region would win a national championship this year."

Washburn was the model of "Team," with many different players stepping up in big moments throughout the season.

"We had a ton of talent at the top with a lot of kids that can really play," said McHenry. "We had a group that had been through the battles and had four great seniors that meant a lot to this program."

On March 6, the Lady Blues stamped their ticket to the NCAA Tournament by earning the MIAA's automatic bid with a 63-41 win in the MIAA Tournament final in Municipal Auditorium in Kansas City, Mo. Washburn dominated the first half once again at 32-16 and never looked back.

The story was a little different March 14 in the fourth and final matchup in the South Central Regional final in Springfield, Mo. Emporia State University kept the Lady Blues off balance in the opening half, taking a 28-22 half-time lead, but Washburn stormed back to win 63-51 in a dominating second half.

"I really think this league was as tough this year as it has been since I've been here," said McHenry, who finished his fifth season. "We knew that some of the best teams in the country were in our region and it would be very tough region

to win." Harris, who had shown the knack to step up in big games, scored 22 points in the second half to finish with a career-high 31 points, earning regional MVP honors. Brooke Ubelaker, Osborne, Kan., and Carla Sintra, Goiana, Brazil, joined Harris on the all-tournament team.

#### National Semifinals

One of the season's most defining moments was a 69-67 national semifinal victory against the University of Central Arkansas on March 24. The Lady Blues saw a seven point lead evaporate in the final 47 seconds before holding on.

Central Arkansas guard Carone Harris scored seven points, including a four-point play to tie the game with 17 seconds left. Washburn responded in championship fashion with a half court pass to Cindy Keeley, Great Bend, Kan., who converted a layup to give the Lady Blues the lead for good and a ticket to the national title game.

Carla Sintra led Washburn with 19 points and 11 rebounds for her second straight double-double. Sintra had 16 points and 10 rebounds in the national quarterfinals and earn Most Outstanding Player honors in the Elite Eight. Jennifer Harris left the game with a back injury in the first half and never returned the rest of the tournament.



#### National Championship

The dream season ended March 26 with the 70-53 win over Seattle Pacific University. Juwanna Rivers, starting Harris, scored a season-high 22 points to lead the way. Rivers, who battled Mononucleosis during the conference season, went 7-for-9 from the field and made three 3-pointers.

Washburn fell behind trailed only once at 2-0 and dominated the game from start to finish. Seattle Pacific, which was among the nation's leaders in scoring, trailed 29-19 at the half and made only 7 of 35 first half shots.

Brooke Ubelaker finished 20 points, while Lora Westling had 12 points and hit three 3-pointers for the third straight game in Hot Springs. Westling and Rivers joined Most Outstanding Player Carla Sintra on the all-tournament team.

## A Run To A Championship Elite 8 - Washburn tops Charleston 73-60

HOT SPRINGS, Ark. - The No. 2 Washburn Lady Blues advanced to the national semifinals for the first time in school history with a 73-60 win over No. 8 Charleston (W.V.) in Summit Arena Wednesday night.

Washburn, which improved to 33-2, opened the game with a 20-9 lead on a jumper by Carla Sintra with 8:08 to go in the opening half.

Washburn finished a dominant first half strong by making 15 of 30 field goals, while holding the Golden Eagles to 5 of 26 shooting on the other end to take a 34-14 lead at the break. Lora Westling made 5 of 7 shots, including three 3-pointers to score 13 in the half.

Washburn extended the lead to 39-16 early in the second half before Charleston rallied back. A 3-pointer by Mandy Ebel pulled the Golden Eagles within 48-39 with 11:05 left.

Juwanna Rivers hit a 3-pointer with 7:29 left to extend the lead to 56-41 three minutes later to cap an 8-2 run. The Golden Eagles quickly responded again with another run to cut the lead to 58-52 before Jennifer Harris took over for Washburn.

With the shot clock winding down to two seconds, Harris banked a 3-pointer that gave Washburn a momentum swing with 3:44 left to make it 61-52. Harris scored 12 of Washburn's next 13 points on two 3-pointers and 6 of 6 free throws to ice the game.

Harris finished with 26 points and seven rebounds, while Carla Sintra had her sixth career double-double with 16 points and 10 rebounds. Westling finished with 15.

Courtney Thomas led Charleston with 20 points (all in the second half), while Lisa Lee had a double-double with 13 points and 10 rebounds.

### Game #35

March 23, 2005 • Hot Springs, Ark. • Summit Arena (1445)

### Washburn 73 • Charleston 60

Washburn	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Ubelaker	35	2-12	1-8	1-1	9	2	1	4	1	1	6
Sintra	31	6-9	0-0	4-6	10	4	1	9	0	3	16
Roadhouse	33	0-2	0-1	1-2	3	3	3	1	4	3	1
Harris	30	9-17	2-5	6-7	7	4	2	3	0	1	26
Westling	32	6-13	3-7	0-0	6	0	2	2	0	1	15
Keeley	8	0-0	0-0	0-0	2	0	0	0	0	0	0
Rivers	17	3-5	1-1	0-1	5	2	3	0	0	1	7
Menard	0+	0-0	0-0	0-0	0	0	0	0	0	0	0
Henrichs	0+	1-1	0-0	0-0	0	0	0	0	0	0	2
McHenry	5	0-0	0-0	0-0	0	1	1	0	0	0	0
Sullivan	9	0-2	0-0	0-0	2	0	0	2	0	0	0
TEAM	20027-61	7-22	12-17	46	16	13	22	5	10	73	
Charleston	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Pike	30	3-6	1-2	0-0	4	2	0	3	0	0	7
Kinsler	25	3-8	0-3	0-0	2	3	1	2	0	1	6
Lee	31	4-12	0-0	5-8	10	4	2	6	1	2	13
Thomas	36	5-17	2-6	8-8	8	2	6	2	0	7	20
McElroy	31	1-5	0-0	0-0	3	1	0	2	1	1	2
Ebel	20	1-4	1-2	0-0	4	3	1	1	0	2	3
Jones	25	2-5	1-3	4-5	2	2	0	1	0	2	9
Blackmon	2	0-0	0-0	0-0	0	0	0	0	0	0	0
TEAM	20019-57	5-16	17-21	33	17	10	17	2	15	60	

Halftime FG% 3PT% FT%

Washburn	34	.443	.318	.706
Charleston	14	.333	.313	.810

Officials: Davis, Kelly, Ryken

Technical: None

Notes: WU No. 2 in WBCA Division II Poll. Jennifer Harris leads way with 26 points, while Carla Sintra adds double-double with 16 points and 10 rebounds.



## A Run To A Championship Final Four - Washburn holds off Central Arkansas

HOT SPRINGS, Ark. - The No. 2 Washburn Lady Blues held off No. 18 Central Arkansas 69-67 in Summit Arena to advance to the Division II Basketball championship game. The Lady Blues, who won their 18th straight game to improve to 34-2.

Washburn led 67-60 with 46 seconds left before the Sugar Bears made a late charge. Carone Harris made a 3-pointer with 40 seconds left to pull within four.

Harris added another trey and got fouled with 17 seconds left and hit the free throw to tie it at 67. Cindy Keeley took an in-bounds pass near half court and drove the distance for the game-winning layup with 14 seconds left. Harris missed the potential game-winning three with five seconds left.

Central Arkansas opened with a 7-1 lead before Washburn rallied to tie it on Jennifer Harris' steal and layup. The Sugar Bears re-

gained the lead on the next possession and led most of the rest of the way to take a 28-26 lead at the break. Lora Westling had two 3-pointers to lead Washburn scorers with six in the half.

The two squads changed leads several times in the second half before Washburn made a run in the last eight minutes. Cindy Keeley's 3-point play gave Washburn a 50-47 lead with 8:19 left to help Washburn start a 12-4 run. Carla Sintra's layup with 3:20 gave Washburn a 59-51 lead before UCA's late run. Washburn finished the second half by shooting 56 percent (14 of 25).

Sintra led Washburn with 19 points, including 15 in the second half. Westling finished with 16 points. Sintra also had 11 rebounds to record her eight career double-double. Harris led UCA with 33 points, while Caronica Randle added 24 points and 17 rebounds.

### Game #36

March 24, 2005 • Hot Springs, Ark. • Summit Arena (1601)

### Washburn 69 • Charleston 67

Washburn	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Ubelaker	24	0-8	0-4	0-0	9	2	2	1	0	1	0
Sintra	27	7-16	0-0	5-6	11	4	2	2	1	0	19
Roadhouse	37	1-2	1-1	3-4	6	4	3	1	2	1	6
Harris	11	2-7	0-3	2-4	3	1	1	0	0	1	6
Westling	33	5-13	3-9	3-4	3	2	4	1	2	1	16
Keeley	15	2-2	0-0	3-4	4	3	0	0	1	1	7
Rivers	24	2-6	1-2	0-0	5	5	3	3	0	2	5
Menard	1	0-1	0-1	0-0	0	0	0	0	0	0	0
McHenry	15	2-3	0-0	0-0	3	2	0	0	0	0	4
Sullivan	13	3-4	0-0	0-5	2	0	0	0	0	1	6
TEAM	20024-62	5-16	2-7	48	23	15	8	6	8	69	
Central Ark.	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Thomas	40	2-13	0-3	5-6	10	3	1	0	0	0	9
Richards	31	0-4	0-2	0-0	6	5	0	0	1	1	0
Harris	40	8-24	3-9	14-15	9	3	0	5	0	2	33
Randle	38	9-23	0-0	6-6	17	5	0	2	0	1	24
Graham	26	0-3	0-3	0-0	0	1	0	0	0	0	0
Kellogg	4	0-0	0-0	0-0	1	0	0	0	0	0	0
Dobbins	14	0-1	0-1	0-0	0	0	0	3	0	0	0
Lloyd	6	0-1	0-1	1-2	1	2	0	0	0	0	1
Hutchcraft	1	0-0	0-0	0-0	0	0	0	0	0	0	0
TEAM	20019-69	3-19	26-29	48	19	1	10	1	5	67	

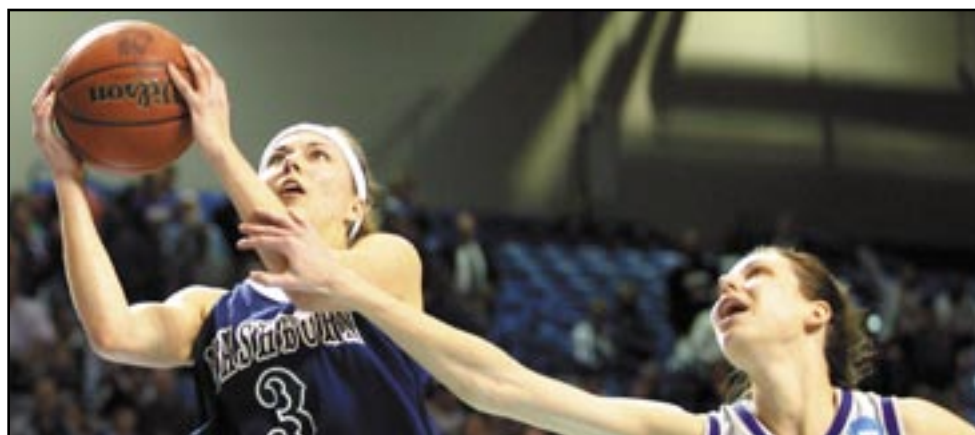
### Halftime

	FG%	3PT%	FT%
Washburn	.26	.387	.250
Central Ark.	.28	.275	.158

**Officials:** Collins, Starkey, Kelly

**Technical:** WU: Sintra

**Notes:** WU No. 2 in WBCA Division II Poll. Cindy Keeley's layup on inbounds pass with 14 seconds left seals victory. Carla Sintra has second straight double-double with 19 points and 11 rebounds.



## A Run To A Championship

### National Championship - Lady Blues win 1st NCAA Title in school history

HOT SPRINGS, Ark. - The No. 2 Washburn Lady Blues captured the first NCAA Division II title in school history with a 70-53 win over No. 3 Seattle Pacific.

Washburn, which finished the season with a school record for wins at 35-2, won the first national championship for Washburn since the men's basketball squad won an NAIA crown in 1986-87.

Juwanna Rivers, starting for the injured Jennifer Harris, had a season-high 22 points. She made two 3-pointers to ignite an 8-0 run to open the second half and finished with 14 half.

After Seattle Pacific opened with the first basket on a layup by Carli Smith, the Lady Blues stormed back with a 10-0 run. Rivers hit a jumper in the lane with 16:17 left to give Washburn a 10-2 lead.

Washburn kept the lead by holding the Falcons to a 20 percent mark from the field on 7 of 35 shooting and took a 29-19 advantage at half behind Rivers and Brooke Ubelaker's nine first half points.

Ubelaker, who was held scoreless for the first time in her career in the semifinals against Central Arkansas, made two

3-pointers in the opening half and finished the game with 20 points.

Washburn used an 8-0 run to extend the lead to 37-19 on Rivers' 3-pointer and took its biggest lead at 49-25 on another Rivers basket with 14:41 left. The basket capped an 18-4 run to open the half, including 11 from Rivers.

Seattle Pacific finally got its offense going and countered with a 23-7 run over the next 5:44. Mandy Wood's only 3-pointer of the game pulled the Falcons within 54-46 with 6:28 left. Seattle Pacific got no closer the rest of the way.

Washburn had a nine point lead with just over a minute left before Carla Sintra's second career 3-pointer iced the game with 1:02 left to make it 65-53. Sintra was named the tournament's Most Outstanding Player.

Lora Westling finished with 12 points and was named to the all-tournament team with Sintra and Rivers. April Roadhouse had a career-high eight rebounds.

Smith and Brittney Kroon led Seattle Pacific with 14 points apiece, while Michelle Beaumont added 10 points. Smith added a game-high 13 rebounds.

#### Game #37

March 26, 2005 • Hot Springs, Ark. • Summit Arena (1062)

#### Washburn 70 • Seattle Pacific 53

	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Ubelaker	35	6-14	3-10	5-6	6	2	1	1	0	3	20
Sintra	28	3-11	1-1	0-0	4	2	4	2	0	0	7
Rivers	36	7-9	3-4	5-8	6	1	3	3	0	0	22
Roadhouse	32	1-4	1-3	2-2	8	2	0	2	1	2	5
Westling	35	4-11	3-7	1-2	5	3	4	2	0	3	12
Keeley	11	0-1	0-0	0-0	1	1	0	0	0	0	0
Menard	5	0-2	0-2	0-0	0	0	0	0	0	0	0
Henrichs	0+	0-0	0-0	0-0	0	0	0	0	0	0	0
McHenry	6	0-0	0-0	0-0	1	0	0	0	0	0	0
Sullivan	12	2-2	0-0	0-0	3	2	1	1	0	2	4
TEAM	20023	5411	2713	1836	13	13	12	1	10	70	
	MP	FG	3P	FT	R	F	AS	TO	BS	ST	TP
Smith	31	6-8	0-0	2-3	13	4	2	2	1	2	14
Kroon	25	6-11	0-0	2-4	4	3	1	1	4	0	14
Wood	22	2-7	1-5	0-0	1	0	2	1	0	0	0
Taylor	31	2-10	1-8	0-0	2	4	5	0	0	0	5
Poe	17	0-1	0-0	0-0	1	0	3	4	0	0	0
Strand	8	0-1	0-1	1-2	2	0	0	0	0	0	0
Hermanson	11	1-3	1-3	0-0	0	0	0	1	0	0	3
Christensen	9	0-1	0-0	1-2	0	0	0	1	0	0	1
Beaumont	25	4-15	2-10	0-0	5	2	0	3	0	0	10
Fielding	5	0-0	0-0	0-0	0	0	0	0	0	0	0
Brewe	16	0-5	0-0	0-0	6	1	1	3	1	0	0
TEAM	20021	625	27	6	11	39	14	14	16	6	2

#### Halftime

Washburn	29	.426	.407	.722
Seattle Pacific	19	.339	.185	.545

Officials: Collins, Kelly, DePaul

#### Technical:

Notes: WU No. 2 in WBCA Division II Poll. Juwanna Rivers has season-high 22 points, while Brooke Ubelaker adds 20 points. Carla Sintra named Most Outstanding Player of Elite Eight, while Juwanna Rivers and Lora Westling make all-tournament squad. Washburn wins first NCAA DII title in school history in any sport.



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# 2005 NCAA Champions

1992-93 • 2002-03 • 2003-04 • 2004-05 MIAA Champions

**A Run To A Championship**  
**National Championship - Lady Blues win 1st NCAA Title in school history**

**Washburn 70**  
**Seattle Pacific 53**

