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Coaching Information

Head Coach	Jennifer Hastert
E-mail jen.ha	stert@washburn.edu
Alma Mater	Washburn, 1996
Phone Number 7	'85.231.1010 x1757
Lady Blues record at	WU . 74-21-1, 5 yrs.
Ichabods record at W	/U 38-44, 5 yrs.
Overall Record	
Assistant Coach	Fernando Sierra

Lady Blues Quick Facts

Location Topeka, Kan.
Enrollment
Founded 1865
Nickname Lady Blues and Ichabods
Colors Yale Blue and White
Home Field WU Tennis Complex
Surface Hardcourt
Capacity
National Affiliation NCAA Division II
Conference Affiliation MIAA
President Dr. Jerry Farley
Athletics Director Loren Ferre'

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Sports Information

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Topeka, KS 66621
Director Gene Cassell
E-mail gene.cassell@washburn.edu
Office Phone 785.231.1010 x1791
Home Phone
Assistant Brad Noller
E-mail brad.noller@washburn.edu
Office Phone 785.231.1010 x1948
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SID Fax
The Washburn University Sports

Information Office is located in room 200D of the Petro Allied Health Center. Office hours are from 8 a.m. to 5 p.m., Monday though Friday. Phone: 785.231.1010 x1791; Fax: 785.231.1091. You may e-mail the SID office at gene.cassell@washburn.edu.

Media Information

The 2004 Washburn University Tennis Media Guide is intended to provide information for writers, broadcasters, sports editors, sports information personnel and fans who follow the Lady Blues and Ichabods. Material in the guide was current as of the printing deadline of Feb. 1, 2004.

Additional information is available in the Washburn Sports Information Office and through weekly releases available to personnel from accredited media outlets covering the Lady Blues, and on the athletic department Web site.

VASHBURN TENN

Washburn University is in Topeka, Kan., at the intersection of 21st street and Washburn Avenue. Lee Arena is located in the Petro Allied Health Center at the east edge of the Washburn campus. Parking for the facility is adjacent to Washburn Avenue.

Postgame match with Coach Jennifer Hastert are available to media personnel after her brief meeting with the team immediately following the game. Players will not be made available between games of a doubleheader.

Credits

The 2004 Washburn University Tennis Media Guide was written and designed by Gene Cassell, sports information director.

Players' mug shots and action photos were also taken by Cassell. Campus photos were provided by Peggy Clark, Washburn University photographer.

On the cover

On the cover is the six returning Ichabod and Lady Blues seniors. Clockwise from bottom left: Linsday Sullivan, Holly Munro, Erin Underwood, Sydney Bwalya, Rafael Valdez and Brett Coleman.



ABOUT WASHBURN



Washburn University was established in February 1865 as Lincoln College by a charter issued by the State of Kansas and the General Association of Congregational Ministers and Churches of Kansas. A two-story brick building on the northeast corner of 10th and Jackson Streets was soon erected and the first classes began in January 1866. In 1868, the school was renamed Washburn College, in recognition of a \$25,000 donation by Ichabod Washburn, a church deacon and resident of Worcester, Mass.

The university was granted a permanent location in 1865 when Topekan Col. John Ritchie donated a 160-acre site, which at the time was a considerable distance southwest of the city. Construction on the first building began in 1872, with occupancy taking place in 1874. For the next two decades, college President Peter McVicar conducted an aggressive development campaign. His efforts resulted in the establishment of numerous Victorian limestone structures which characterized the campus for the next 90 years.

Expansion of the school was constant. The School of Law was organized in 1903, as was a School of Fine Arts and a medical school, which educated physicians until 1913. During the next three decades structures such as the Mulvane Art Museum, Benton Hall and Whiting Field House were added to the campus. In June 1966, a

tornado struck Topeka and several historic buildings on campus were demolished. The Washburn community rallied and financial support from friends and alumni made possible the rebuilding of many school facilities during the coming years. Today, university facilities offer more than one million square feet of modern academic and support space.

In 1941, the citizens of Topeka endorsed Washburn by voting to establish a munici-





pal university, supported in part by the city and governed by a local board of regents. In 1952, the Washburn Board of Regents officially changed the name of the school to Washburn University of Topeka. In 1999, the university's primary funding was moved from city property tax to county sales tax sources, with the school retaining status as a municipal subdivision of the state. In addition to local financial sup-



port, Washburn has received state funds since 1961, which have been coordinated by the Kansas Board of Regents since 1991. Washburn is governed by its own nine member Board of Regents.

Washburn provides broadly-based liberal arts and professional education through more than 190 certificate, associate, baccalaureate, master's and juris doctor programs through the College of Arts and Sciences and the Schools of Law, Business, Nursing and Applied Studies. Ninety-seven percent of the



faculty hold a doctorate or the highest degree available in their discipline.

Dr. Jerry B. Farley University President



Jerry Farley became the 14th President of Washburn University in 1997 following an extensive career in finance and business affairs at several Oklahoma higher edu-

cation institutions. Aside from a full schedule of Washburn responsibilities, Dr. Farley speaks and teaches around the United States on topics related to Higher Education Finance, Auditing, Management and Leadership. He is a C.P.A. and has been the president and chair of the board of several state and national professional organizations. He has authored or co-authored numerous articles and books on finance and accounting.

Dr. Farley holds a degree in finance and accounting, an MBA, and a Ph.D. in Higher Education Administration - all from the University of Oklahoma.

Serving on local and state boards has always been a priority for Dr. Farley. He is past president of the Topeka Chamber of Commerce.

He has served on the board of directors of Red Cross, American Cancer Society, Boy Scouts, United Way and economic development corporations including Go Topeka.

He is the recipient of awards for outstanding contributions in public service, accounting, and higher education.

Academic Maiors Alphabetical List of Majors Accounting, BBA, MBA Addiction Counseling, C, AAS, BAS Adult Care Home Administrator, C, BAS Adult Care Home Administrator, C, BAS Adult Care Home Administrator, C, BAS Allied Health C, AS, BHS Anthropology, BA Art History, BA Art Banking, AAS Biology*, BA,BS Business Administration, MBA Business Administration, MBA Business Education, B.Ed Cardiac Sonography, C Chemistry*, BA,BS Clinical Psychology, MA Communication, BA Computer Information Science, BS Computer Information Systems, AA, BA, BS Correctional Administration, MCL Criminal Justice, AA, BSCJ Criminal Justice, AA, BSCJ Criminal Justice, MCJ Curriculum and Instruction, M.Ed. Design Technology, AAS # Diagnostic Medical Sonography, C Early Childhood Education, AA, B.Ed Economics, BA Economics, BA Economics, BBA Education, M.Ed. Educational Administration, M.Ed Elementary Education, B.Ed English*, BA Finance, BBA Ecod Samira AA # Finance, BBA Food Service, AA # French*, BA General Business, BBA General Science, BS General Science, BS General Sonography, C German*, BA Gerontology, AAS, BAS Health Information Technology, C, AS Health Information Technology, C, AS Health Information Technology, C, AS Health Services Administration, BHS History*, BA Human Services, C, AAS, BAS Humanities and Creative and Performing Arts, AA Arts, AA Industrial Technology, AAS # Integrated Studies, BIS Interrelated Special Education, M.Ed. Law Enforcement, MCJ Law Enforcement, MCJ Law, JD Legal Studies, C, AA Liberal Studies, MLS Management, BBA Marketing, BBA Mass Media, BA Mathematics*, BA, BS Medical Imaging , BHS Medical Technology, BS Mental Health and Disabilities, AAS, BAS Military and Strategic Studies, C Military and Strategic Studies, C Music Education, BM Music Performance, BM Music, BA Natural Science and Mathematics, AA Non-Profit Management, C, AAS, BAS (in association with Public Administration) Association with Public Admini-Nursing, BSN Office Administration C, AA # Philosophy, BA Physical Education*, BA, B.Ed Physica: I Therapy Assistant, AS Physics*, BA, BS Political Science, BA Pre-Dentistry, Pre-Dentistry Pre-Engineering Pre-Law Pre-Medicine Pre-Medicine Pre-Optometry Pre-Pharmacy Pre-Theology Pre-Veterinary Medicine Psychology*, BA, MA Public Administration, C, BP Public Health Nursing, C Purchasing C AAS # Purchasing, C, AAS # Radiation Therapy, C Radiologic Technology, AS Reading, M.Ed. Respiratory Therapy, AS RN Articulation, BSN RN Refeetber RN Refresher KN Refresher School Nurse Certification, C Secondary Education (see note) Social Work, BSW Social Work, MSW Sociology, BA Spanish*, BA Studio Art, BA Technology Administration, BAS Theatre, BA Vascular Sonography, C Victim/Survivor Services, C, AAS, BAS Youth Services, AAS, BAS * Denotes fields in which Secondary Education teaching certificates are avail-able.

ABOUT WASHBURA

able. Degrees are listed after majors (C=Certificate of Completion) # Denotes joint programs with Kaw Area Technical School

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ATHLETICS AT WASHBURN



Baseball



Team Overall W-L 21-27 Baseball 1 25-5 Basketball-M 27-3 Basketball-W Football 3-8 Golf 112-37 34 Softball 34-14 Tennis-M 14-7 Tennis-W 20-5 Vollevball 29-5 Totals 288-112 116-44-2 (.722)

MIAA	MIAA Finish	Postseason
13-18	7th	None
15-3	1st	NCAA Rnd. 32
15-3	1st	NCAA Elite Eight
3-6	8th	None
34-2-2	1st	NCAA Nationals
13-5	2nd	None
3-2	T3rd	NCAA Rnd. 32
6-0	2nd	NCAA Rnd. 32
14-2	1st	NCAA Rnd. 32
44-2 (.72	2)	

Overall athletic department winning percentage - .720

2002-03 Season Flashback



Chris Herron Volleyball



Ron McHenry Women's Hoops



Bob Chipman

Craig Schurig Football



Doug Hamilton *Golf*



Jennifer Hastert Men's / Women's Tennis



Tim Collins *Women's Soccer*



Lisa Carey Softball

Loren Ferre' Athletics Director



Loren Ferre' became Washburn's director of athletics in February of 1996 after a six-year appointment at Black Hills State University in Spearfish, S.D. Ferre' is a dynamic leader who has implemented many internal changes within the athletic department since arriving on campus. He has put increasing scholarships and departmental fundraising at the top of his list.

At Washburn, Ferre' has been instrumental in the establishment of a strong Ichabod Club support team and the raising of funds for athletic scholarships.

While at BHSU, Ferre' was also director of the Donald E. Young Sports Fitness Center, a 172,000 square foot, \$10.2 million facility. During his Black Hills tenure, the athletics department nearly tripled its outside revenue, including large increases in ticket sales and scholarship funding. All 10 varsity teams won a conference title in his final three years.

Before joining the staff at Black Hills State, Ferre' spent 17 years at the University of North Texas. He was the director of the Coliseum (1987-90) was the associate and assistant director since 1980. He held the post of event coordinator (1978-80).

Ferre' is a 1971 graduate of Texas Christian University, earning a bachelor of arts degree. He earned a master's in journalism from North Texas in 1982. and is currently finishing his doctorate at North Texas.

Ferré is the NCAA Division II Men's Basketball South Central Regional Chairman serving his second year on the committee last season.

Ferre' and his wife Sarah, have two daughters, Caitlin and Hope, and reside in Topeka.



The Ichabod Club is a booster club that works to promote Washburn University Athletics and provides financial sup-

WASHBURN ATHLETICS

port to its athletic programs. Membership in the Ichabod Club has played a major role in supporting the annual scholarship drive and making a difference in the lives of Washburn student-athletes for the past 20 years.

Washburn Athletics depends upon the annual contributions to the Ichabod Club Scholarship Fund to continue offering scholarship aid to our student-athletes.

The mission of the Ichabod Club is simply to provide the scholarship assistance to young men and women student-athletes (tuition, fees, books, room and board) unless the contribution is restricted to a specific sport or some other specific purpose. All gifts to the Ichabod Club are tax deductible to the full extent allowable by law.

Opportunities for alumni, friends, parents and boosters to become involved with the Ichabod Club program are available through pregame parties, golf tournaments, the Ichabod Club newsletter, monthly luncheons, the kick-off party and other special events.

For more information, call the Washburn Athletic Department at 785.231.1135.

Washburn teams excel on and off the courts and fields during the 2002-03 school year

- Football 3-8 / 3-6 MIAA (8th) MIAA First Team: Eric Roth
- MIAA Second Team: Tim Watts

· Honorable Mention: Dustin Hickel, Sam Sissom, DaWight Benning, Kevin Pierce, Grant Gould, Joe Corcoran

• MIAA Freshman of the Year: Sam Sissom

• MIAA Commissioner's Academic Honor Roll: Joe Allison, Matt Durler, Kyle Flowler, Dustin Hickel, Chris Huelsman, Jonathan Mayes, Blake Meyer, Nick Smith, Eric Taylor, Adam Toby, Tim Watts, Derek Young, Andre Zandevakili

- D2Football.com Freshman Offensive Wide Receiver: Sam Sissom
- D2Football.com Freshman Defense: Linebacker Grant Gould
- D2Football.com First Team: Eric Roth

• D2Football.com Honorable Mention All-America: Eric Roth

- Daktronics First Team All-Region Defense: Eric Roth
- Cactus Bowl Senior All-Star Game: Eric Roth
- Offensive Team MVP: Dustin Hickel
- Defensive Team MVP: Joe Corcoran
- Team Cumulative GPA 2.79

Volleyball 29-5 / 14-2 (1st)

Won first MIAA Championship

- Made first NCAA National Tournament Appearance
- Coach of the Year: Chris Herron
- First Team: Dani McHenry
- Second Team: Alecia Barron, Lindsey Kersting, Anna Neufeld
- Honorable Mention: Susan Crooks. Mary Fisher
- American Volleyball Coaches Association First Team:
- Lindsey Kersting American Volleyball Coaches Association Second Team: Anna Neufeld
- Daktronics Division II First Team All-South Central
- Region: Dani McHenry Team MVP: Dani McHenry Team Cumulative GPA 3.09

Women's Basketball

- 30-4 / 15-3 MIAA (1st)
- Won 2nd MIAA Championship
- Won 2nd MIAA Tournament Championship
- MIAA Most Valuable Player: Crystal Walker
- MIAA First Team: Crystal Walker
 MIAA Second Team: Carissa Goeglein
- MIAA Defensive Player of the Year: Crystal Walker
- All-South Central Region First Team: Crystal Walker
- WBCA Region 6 Coach of the Year: Ron McHenry
- WBCA All-Region 6 Team: Crystal Walker
- WBCA All-Star Game: Crystal Walker
- Daktronics/CoSIDA Third Team All-American: Crystal Walker
- · MIAA Commissioner's Academic Honor Roll: Bethany McGraw, Kristy Chapman, Maggie Diehl, Alison Garrett, Crystal Walker, Lora Westling • Team MVP: Crystal Walker

Team Cumulative GPA 3.19

Men's Basketball 25-5 / 15-3 MIAA (1st)

- Won 7th MIAA Championship
- All-MIAA First Team: Ryan Murphy
- All-MIAA Second Team: Manny Clifton
- All-South Central Region Second Team: Ryan Murphy
- MIAA Commissioners' Academic Honor Roll: Ryan Tomlins, J.P. Meitner, Matt Tinsley

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- Head Coach Bob Chipman recorded 20th 20-win sea-
- Team MVP: Ryan Murphy Team Cumulative GPA 2.66

Softball

- **34-14 / 13-5 MIAA (2nd)** All-MIAA First Team: Dara Clouse, Katie Schmidt,
- Tiffany Whitt
- All-MIAA Second Team: Katie Gregg
 All-MIAA Honorable Mention: Ashley Perkins, Julie Blaufuss, Kala Huske, Jackie Sells
- MIAA Commissioner's Academic Honor Roll: Julie Blaufuss, Dara Clouse, Jackie Horn, Ashley Perkins, Katie Schmidt, Jackie Sells
- Team MVP: Julie Blaufuss Team Cumulative GPA 3.05

Baseball

- **21-27 / 13-18 (7th)** All-MIAA First Team: Dylan Smith
- All-MIAA Second Team: Sam Sissom
- All-MIAA Honorable Mention: Jerad Head
 NBCA First Team All-Region: Dylan Smith
- MIAA Commissioner's Academic Honor Roll: Allan Cooper, Matt Deutsch, Brigham Joy, Ben Rutherford
- Team MVP: Dylan Smith Team Cumulative GPA 2.96

Women's Tennis 20-5 / 6-0 (2nd at MIAA Tournament)

• All-MIAA First Team: Caitlin Day (singles and doubles), Lindsey Sullivan (doubles), Holly Munro (singles) • All-MIAA Second Team: Erin Underwood (doubles), Katie Schmidt (doubles), Kris Castillo (singles and doubles)

- Academic All-MIAA: Erin Underwood
- · All-MIAA Honorable Mention: Erin Underwood (singles), Katie Schmidt (singles)
- MIAA Commissioner's Academic Honor Roll: Caitlin Day, Erin Underwood
- Team MVP: Caitlin Day
- Team Cumulative GPA 2.98

Men's Tennis

14-7 / 3-2 (T-3rd at MIAA Tournament)

- All-MIAA First Team: Nate Hurd (singles)
- All-MIAA Second Team: John Johnson (singles), Rafeal Valez (singles), Brett Coleman (singles), Blake Edwards

(doubles), Tyler Kinder (doubles) • All-MIAA Honorable Mention: Sydney Bwalya (singles and doubles), John Johnson (doubles), Rafeal Valdez (doubles), Brett Coleman (doubles)

- Academic All-MIAA: Tyler Kinder
- Team MVP: Nate Hurd
- Team Cumulative GPA 2.89

Golf

112-37 / 1st place MIAA

- Won first MIAA Championship
- First NCAA National Tournament Appearance All-MIAA: Garrett Donovan, Derek Dultmeier, Cam
- Hubbard
- MIAA Commissioner's Academic Honor Roll: Chris Alpers, Derek Dultmeier
- NCAA All-Central Region: Matt Warnock, Derek Dultmeier, Cam Hubbard, Garrett Donovan
- MIAA Coach of the Year. Doug Hamilton
- Team MVP: Derek Dultmeier
- Team Cumulative GPA 3.18

By the numbers **Cumulative Athletic Department Grade Point** Average as of Spring 2003



2002-03 MIAA **Commissioner's Academic Honor Roll Members**



Of 186 Student-Athletes, number who had 3.0 GPA or higher



Of 186 Student-Athletes. number who had 3.5 GPA or higher



Of 186

Student-Athletes, number

who had 4.0 GPA or higher

Number of **Student-Athletes to receive**

all-MIAA Athletic Honors

Overall

Won-loss record of

Washburn Athletic Teams as

of 5/21/03

288-112

(.720)

-

WASHBURN STAFF

Kerry Dickerson Associate Director of Athletics for Development



Former Ichabod assistant basketball coach Kerry Dickerson begins his first season as the Ichabod athletic department's director

of development after surving six seasons on the Ichabod coaching staff. A native of Blue Springs, Mo., Dickerson was a two-year starter for the Ichabods at point guard and played on the team from 1988 to 1993. He started 38 of 116 games for Washburn and bit stam bedraching on the Mud champi

his team leadership on two MIAA champi-onship and NCAA Division II tournament teams was a mark of success. After a stint coaching at Topeka Seaman

High, Dickerson accepted the graduate assistant position at Central Missouri State under Iowa State assistant coach Bob Sundvold. He remained on CMSU's staff and helped them to an NCAA Division II tournament appearance during the 1996-97 season

Janet Degginger Assistant Athletics Director

Janet Degginger is entering her 17th year

as Washburn's assistant athletics director.

Degginger returned to her alma mater in 1987 as assistant director of athletics. In that capacity, she is responsible for managing and monitoring all of the business and financial affairs of the department. In addition, she supervises personnel in the administrative office, ticket office, training room, equipment room and Petro mainte-nance staff. During the 1995-96 academic year, Degginger served as the interim direc-tor of athletics during the national search for an athletic director. She also currently

serves as the university's senior women's administrator Degginger has served on several university, conference and national committees. She is currently a member of the NCAA Professional Sports Liaison Committee and has served on a subcommittee of the NCAA Research Committee for developing a financial analysis report. She is a past secretary/treasurer of the MIAA and is currently a mem-ber of the budget committee. She is a member of Washburn's Faculty Athletics and Financial Aid committees. Degginger is a 1967 graduate of Washburn and has done postgrad-uate work at Kansas. She has a son, Preston.

Steve Ice **Head Athletic Trainer**

Steve Ice enters his 23rd year as the Head Athletic Trainer at Washburn University.

Ice took over the Ichabods and Lady Blues programs in the fall of 1982 after a two-year assignment as the Associate Athletic Trainer at Lehigh University in Bethlehem, Penn. During Ice's tenure at Washburn, the athletics training staff has seen the addition of the Petro Allied Health

Center as a valuable resource for the prevention and rehabilitation of WU student-athletes. Ice received his bachelor's degree from St. Mary of the Plains College in Dodge City, Kan., in 1977 and earned his master's from the University of Kansas in 1980. Ice also served as a graduate assistant athletic trainer for the

Jayhawks from 1977 to 1979. In addition to his duties at Washburn, Ice works in conjunction with the Orthopedic Clinic and Sports Medicine of Topeka. Steve and his wife Janis have four children; Brian, Patrick, Jenna and Alyssa.

Karmen Bvers Assistant Athletics Director



Karmen Byers is in her third year as the Assistant Athletic Director of External Relations

At Washburn, Byers serves as ticket manager for all sports. She also focuses on marketing and public relations for increasing interest and attendance on Ichabod and Lady Blues game nights. Prior to joining the athletic department, Byers worked at Atwood Publishing in Overland Park, Kan. where

State University with a Bachelor's Degree in journalism and Advertising State University with a Bachelor's Degree in journalism and advertising. She is married to former Washburn basketball player David Byers. The couple lives in Topeka.

Ron Wessel Head Equipment Manager

Ron Wessel enters his 24th year at Washburn University as the Head Equipment Manager for the athletics department. Wessel, a native of Sierra Vista, Ariz., is

in charge of maintaining all of the athletics department's equipment needs. He attend-ed Baker University in Baldwin City and was the school's football manager from 1976-79. Wessel then accepted the equip-ment manager's position at Washburn in the spring of 1980.

He is a member of the American Equipment Managers Association and came certified in 1992. Wessel has served as a District Director of the AEMA since 1993.

In addition, he serves on the Continuing Education Committee of the AEMA.

Ron lives in Topeka and enjoys all kinds of sports, traveling, science fiction and physical fitness.



Larry Blumberg Faculty Athletics Representative



Susan Foremsky Administrative Assistant for Development



Gil Herrera Facilities Manager



Sandv Foster Athletics Secretary

Washburn Sports Information Office



Gene Cassell Sports Information Director

Gene Cassell is entering his sixth full season as Washburn Sports Information Director after starting in December 1998. Cassell is a Marshall, Mo., native and a 1997 graduate from Northwest Missouri State University, where he graduated with a Bachelor of Science in journalism accompanied with a minor in broadcasting. At Northwest, Cassell worked in the Sports Information Office and on three university media outlets while at Northwest.

Besides his overseeing the media relations of Washburn's 10 athletic teams, Cassell also runs game administration and is the webmaster of "The Blue Zone" - The Official Site of Washburn Athletics. Cassell is a member of CoSIDA and a member of the Publications Contest Committee.

Cassell has received 29 citations for excellence for office publications, including two best in the nation, ten second place finishes and six best covers in the nation. Cassell and his wife, Regina, live in Topeka with their son Jacob who was born on March 23, 2003. Regina is an instructor in the Washburn mass media department.

Brad Noller has worked in the WU sports information office since arriving in Topeka in the fall of 1998. He served as the interim sports information director at Washburn when the sports information director's position was vacated soon after his arrival. He remained on staff as the student assistant until his graduation in Decemeber 1999.

Noller has also worked as a part-time sports reporter for the Topeka Capital-Journal. Prior to that, he worked in the Johnson County Community College's sports information office during the 1997-98 season.

In the summer of 1999, Noller was honored as one of three initial recipients of the CoSIDA undergraduate internship grant.

The Clinton, Mo., native earned a bachelor of arts degree from Washburn in mass media with a journalism emphasis. He also received a business minor in marketing. He lives in Topeka with his wife Tiffany, 'bsn 02.



Brad Noller Assistant Sports Information Director





WASHBURN FACILITIES

WEIGHT ROOM

After more than \$150,000 in upgrades to the weight room, the Washburn athletic program now boasts one of the best facilities in the Midwest.

Ichabod Power is based on using free weights and the feet in contact with the floor, using triple extension of the ankle, knee and hip. This type of training is used to develop athletes stability in the joints and trunk, and power in the lower body when in contact with the playing surface. Each multi-rack and Olympic platform allows the Washburn athlete to perform Olympic Lifts on a solid oak surface.

The multi-racks are self-contained with all the weight on the rack. This allows the Washburn athlete to perform 90 to 95 percent of their work in one area. The racks and platforms have special features that allow the student-athlete to perform secondary exercises with special attachments. The installation of new equipment transformed Washburn's weight room into a top notch facility.



TRAINING ROOM

The Washburn Athletic Training Center is one of the most advanced in the Midwest. The new facility is almost triple the size.

Steve Ice, Washburn's Head Athletic Trainer, has been with the Ichabods and Lady Blues athletic programs for more than 23 years. He has a student staff of more than 20. Joining Ice's staff this season will be assistant John Burns, who will also teach in the Health and Physical Education Department.

Dr. Iris Gonzalez, the campus physician, is the team's resident doctor. Dr. Matthew Bohm of the Cotton O'Neil Clinic comes to campus every

Wednesday to evaluate studentathletes and to educate athletic trainers. Orthopedic Clinic and Sports Medicine provides state-ofthe-art orthopedic care. The clinic has a team of five surgeons, a physical assistant, registered nurses, a physical therapist and certified athletic trainers. Stormont-Vail's Gerald Applelhans, Director of Physical Medicine, provides Michael Ramirez, ATC-R, for daily treatments, education and internship sites.

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